

WHAT TYPE OF FRUIT ARE
YOU PRODUCING?



THE KINGDOM OF HEAVEN

What Fruit Are You Producing? – The Kingdom of Heaven
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*Cocreator with God, in the mind of Christ and guided by
the Holy Spirit (Philippians 2:5)*

A Free BE-Book at BEvolutionLLC.com within “The Well
of the Tree of Life”

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Image References

Fruit Tree:

<https://imgbin.com/png/NP5AKFwG/fruit-trees-png>

Earth:

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Biblical References from King James Version (KJV); New
King James Version (NKJV); New International Version
(NIV)

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Introduction

The Cycle

This book title was a nutrition class I coached on May 7, 2019. The title of the class was, “Nutrition is a physical fruit from the world”. At the time, the purpose of the title was to allow the participants to review their life and write down the words they say about food or the results they are achieving from food. Words give life

just like food, and we will have what we say. The word of God is spiritual food like



nutrients are physical food for the body. After experiencing every diet for weight loss, fitness competitions, cleansing, detoxification, and fasting for over 20 years, I realized that these were fruits from the world I had created through my own ambitious goals. The fruits were the end-results of a continuous cycle in the area of Health, Nutrition and Fitness. Nutrition is the

study of food while nutrients are the essential part that is extracted from the food. Nutrition is the end of the beginning of nutrients that are produced from a seed. Just like my health and fitness is an end-result of my ambition to be healthy. As fitness became a past for me, I began to focus on nutrition and not the nutrients which is why my body broke down with cancer. I was depriving my body of nutrients while causing more stress through my lifestyle and the foods I was consuming. I was producing fruit of sickness through my disobedience to God. What type of fruit was I producing for my life? If this question was asked prior to 2013, I would have thought that my education, job, certifications and achievements of purchasing a home were fruits. These may have been fruits, but I was not in the character and standards that God expected for his blessings to flow through my life like I wanted and prayed. My prayers were being hindered because I was not in alignment with God's will for my life. I was

operating in pride because everything was about what I did and not what was in the will of God for my life. My life appeared to be picture perfect, but it wasn't. I was sinking in self-destruction and on the verge of a disaster. I was producing sickness because I lacked knowledge in the divine purpose for food. I was also lacking knowledge of God.

Prior to getting married, I had not repented of my sins but engaged into a covenant that allowed my sins to abound. I thank God for grace because without grace abounding with sin, I would not have learned God's will for my life. When my world ended in 2013, God was there to pick me up and clean me according to his will. He redeemed me from self-destruction. He took me from being rebellion to obedient to his words in 2013. This was an unknown process, but I put on my armor and was ready for boot camp. There were many tests that I had to endure which originally started in 2007. I didn't know there was going to be a test on my job and

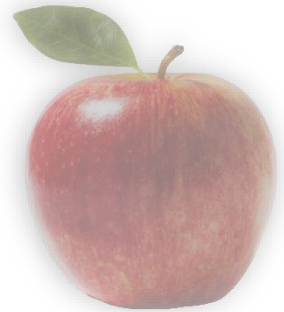
in my marriage that ended when I made the decision to follow God's will for my life. I couldn't continue to straddle the fence and not commit to God's full assignment. God was not tempting me, but the sin that was already dwelling in me that I did not face prior to marriage. I didn't believe it was a problem if it was unknown or in the past. Past sins always come to kill, steal and destroy if not submitted to Jesus Christ. I speak on these sins in my testimony book. While I was in rebellion, I created a vision board in 2009 for my 2010 goals which I share at the end of this book under Figures. The vision board had the scripture from Matthew 12:33, "Either make the tree good, and his fruit good; or else make the tree corrupt, and his fruit corrupt: for the tree is known by his fruit" (KJV). I placed this scripture in the upper left corner because it was the driving force for me to follow the teachings of Jesus Christ. I took pride in this vision board. I placed it on

the shelf as soon as I walked into the house. This constantly reminded me of the vision.

Chapter 1

Rebellion to Obedience

When I completed the vision board in 2009, I was in a state of rebellion looking for God and his will for my life. The scripture that constantly played in my mind was, “But seek first the kingdom of God and His righteousness, and all these things shall be added to you” (Matthew 6:33, NKJV). I was wondering what “things”. I did not know how my vision board was going to come forth, but in my heart I believed. I presented my vision board at a group gathering in Lawrenceville, Georgia. I was thinking I would never find God because I was faced with so many roadblocks and challenges. The beautiful part about my rebellion was Christ was with me interceding on my behalf. I realized Christ presence in 2013 after my redemption phase. I had to go through the changes to come out and not revisit the same



mountains. What I did not learn, I repeated. What I learned I matured through the word of God, and it became part of my testimony. Although I had an ambitious vision that was coming from my heart in 2009, my life did not match it at the time. In order to achieve the vision that I created, I had to give up the life I was living. This was not what I expected. I expected to travel down the same road and the Lord keep my life in perfect peace. But Christ showed me that he did not come to bring peace, but he came to bring the sword (Matthew 10:34). The sword of his word separated, cut and killed any ambition that did not produce fruit for the Kingdom in my life. I wanted my life to resemble a tree of life that was producing fruit for the Kingdom of God. I hand painted the entire board and placed the pictures I wanted represented throughout the board. This was the first time I ever painted. One of the first quotes that I placed on the vision board was Matthew 12:33 which states *“Either make the tree good, and his*

fruit good; or else make the tree corrupt, and his fruit corrupt: for the tree is known by his fruit” (KJV).

Chapter 2

Make the Tree Good

My vision board became my blueprint for my life. I

wanted to do the right things in my life so I

could produce the fruit that Christ taught

in his word. Without a vision, people

perish (Proverbs 29:18, KJV). I needed a

vision for my life, so I could have some

direction for me and my family. The first part

of the tree that I painted was the black

background. I chose the background to be black so the

tree could stand-out in the darkness.

2nd – **I painted the ground** so it could dry, and I could

draw the tree. The tree is shaped like a dancing

woman. This is the image that came to me after

looking at different types of trees that I could

draw. This was the image I had of myself in the

spirit world.



3rd - **I painted the green grass** so I could draw and paint each fruit of the spirit which at the time I had not mastered. Joy was a pineapple. Love was an apple. Peach was gentleness. Grapes were patience. Goodness was an orange. Peace was a strawberry. Watermelon was faithfulness. A pear was meekness. A banana was self-control which I felt I did well because I could prepare for a fitness competition which required hard work, exercise and diet. During this time, I really hadn't mastered any of the fruit of the spirits because I was not in alignment with God's will for my life. As God shifted me in 2013, the fruit of the spirit became present in my life for me to exercise through trials and tribulations. I was learning how to walk in the spirit through love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law." (Galatians 5:22-23, NKJV). I had not come close to developing

these until I experienced more hardship from 2013 to 2020. The more of the outside world that pressed against me, the more I developed these fruits. The world was my area of boot camp that prepared me and shifted me into the kingdom of heaven.

4th – **I placed scriptures on the roots of the tree** because I needed Christ at the center of my life. The scriptures and 1 quote that arose in my spirit at the time were what I meditated on when the outside world was pressing against me. They represented the foundation and root of the tree. The entire scripture isn't listed, but the major portion I wanted to capture is present.

Quote: *“You will be amazed at what you see when you decide what not to look at”* (The late Bishop E. Long, 2006)

Matthew 7:7 - “Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you”.

Joshua 1:8 - Mediate on the word day and night.

Mark 11:24 - Believe it is already done.

Romans 10:17 - Faith comes from hearing the word.

Proverbs 29 & Proverbs 19 were other scriptures that helped guide me to success as a leader.

5th - **As the faith portion of the tree**, I used the tree trunk and I wrote my purpose: “My purpose is to use my motivation and discipline to inspire and teach others how to live a healthy lifestyle through making healthy eating choices and consistently maintaining an exercise program”. Although this sounded good at the time, it had nothing in this purpose about my mission and assignment for God, Jesus Christ or the Holy Spirit.

6th – I layered the board with photos in the area of leadership, health, family/marriage, career, spiritual gifts, and investments. I also placed book images from leaders that helped me to grow and mature in Christ or as a leader. These leaders were Dr. Myles Munroe, John C. Maxwell, Jack Canfield, Dave Ramsey, Shakti Gawain, & Patrick Quillin.

7th – The goals on the vision board were spread out over the years, but it has been a continuous process. Many of them were achieved. I placed a chart on the vision board that helped me see my goals. The chart began with:

Spiritual Goals- My spiritual goals are now starting to be met in 2020.

Career Goals - I was dismissed from my career without cause in 2013 and I was never able to get back on track in the world's system of employment. You can read about the details of my career in my book titled: "My Faith In The Cross through

Salvation - *The 2 keys that unlocked the Kingdom of God*".

Academic Goals - When my career ended, my academic degrees were not worth the value in the world's system, but I obtained student loans debt at a cost of \$154,364.10.

Relationship Goals - I met those goals while also going through a divorce in 2014 and 2015. The meaning of relationships changed because my life shifted into another direction.

Health Goals - I met my goal of healing of cancer in 2015 through Jesus Christ, but I had to give up fitness and fitness competitions. Health was the priority and fitness has changed to worship as a spiritual dancing towards God. Spiritual dancing replaced my passion for fitness.

Family Goals - The divorce separated me and my daughter, but I became closer to my immediate family. I also learned that the separation did not

stop me from being a mother. I learned to listen to my daughter and allow her to express herself in a safe environment that helped her make better decisions for her overall well-being.

Financial Investment Goals- The picture of the house on the vision board was an identical picture of the house we purchased in 2012. In 2017, I had to release the house to a quit claim deed after the divorce. Currently my financial investments are in the mission God showed me so I can birth the vision. In 2020, my total debts including the student loans are \$177,100.99 with no assets.

Although I had this great vision board, I had to let go of some areas that were not pleasing to the Lord in order to receive healing for the cancer in 2015, a position as a fitness nutrition coach in 2017, a son in 2018, a husband in 2018, and the development of a business plan from 2017 through 2020. This vision board helped me with patience during my trials and tribulations with cancer

treatment. It also helped me not to focus on other areas of my life that were not going well. It calmed me physically so I could focus, and I learned new skills. It has also allowed me to reflect on the goodness of the Lord since I created the board. It also shows how present God was in my life, and I kept pressing towards him even through the bad times. He gave me comfort in knowing that I was forgiven for my rebellion and the sins that I committed before him.

Chapter 3

Mustard Seed Faith

My vision board was a planted seed of faith that God is using for his purpose. God was showing me who he was through the goals achieved. I didn't achieve those goals in my own effort. God's power was working, but I did not have my character developed to stay positioned. The trials I began to experience after the vision board increased my faith so when the real test of my faith started in 2013, God was my strength in my weakness. When I was experiencing my trials and tribulations, I didn't lose my faith. At first, I did not understand why I was terminated from my job by exercising my rights, but it was never about the job. It was about the character that Christ needed me to develop within me for the Kingdom of Heaven. I could not go boldly to the throne without a testimony of Jesus Christ. I went to the throne on



January 13, 2013 in prayer with my petition to the Lord, and God heard me. After I made my request known to my job on January 14, 2013, God spoke the words, “the battle is not yours, its mine”. Those planted words gave me comfort, but it also convicted me to continue to move forward to do all I can in my natural power and then just stand and wait on his supernatural power to be manifested on earth as it is in heaven.

During the time of the vision board, my diagnosis of an incurable cancer was my life along with a challenging job. My outlet had become fitness along with reading books and listening to sermons by spiritual leaders that motivated me through my trials and tribulations. No matter what type of help I tried to obtain during these trying times, the only person that could help me navigate was the Holy Spirit. My imperfections and sin throughout my lifestyle helped me to grow and develop into who God ordained for me to be for his Kingdom. My life now is an example of Matthew 13:31, the

kingdom of heaven is like a mustard seed. The planted seed of what I believed as I created the vision board grew within me like a tree and now I am able to produce fruit for the Kingdom of Heaven. The seed was always there, but it was constantly being choked by my lifestyle. Instead of me being healed immediately from cancer, I had to be processed out of the environment which took 10 years. The miracle was not immediate, but the seed was within me.

The scripture that is relevant in the word of God is, “Death and life are in the power of the tongue, And those who love it will eat its fruit” (Proverbs 18:21, NKJV). It’s not in the power of the doctors unless you give your power to them. Cancer was allowing me to see the fruit I was producing from my life. I put together the image in figure 2 on page 27 that demonstrates an example of fruit that I was producing. Later, God showed me that I was thinking from the fruit of the world and not for his Kingdom. I had to constantly

renew my mind. I enjoyed coaching on nutrition. It is the fruit that can be studied, but the elements of nutrients are the key building material for the human body and the foundation of God's seed-bearing Kingdom. God stated that he has given us every herb that yields seed which is on the face of all the earth, and every tree whose fruit yields seed; to us it shall be for food (Genesis 1:29). Everything started with the lust of the world through finding the best job and reaching the highest education. The pride of life was placed in my life as a "fruit" before knowing the spirit of God. This allowed me to be guided down a path glorified by the world, but it was not the best path for me. My world that I created turned on me when Goliath showed up in 2013. My Goliath led me to the will for my life. I am grateful that I was dismissed from employment because my spiritual eyes opened to who I was in Christ. I would have loved one master and hated the other, so what

happened in my life was inevitable for my salvation. I could not serve the system and Jesus Christ.

Chapter 4

God's Miracles

It took me years to see the numerous miracles that God made happen in my body when I submitted to his will. I was a walking miracle, and I did not even know it. Everyone has miracles inside of them which must be

activated through faith. The song that comes

to my mind is "Miracle" by Whitney Houston produced in 1990 (1). May you continue to rest in peace Whitney Houston.

The seed of God was growing within me

like love was growing in her song. Whitney

Houston's gift was her voice, and she chose to use her gift as a talent for the world that blessed millions.

People use the words gifts and talents interchangeably,

but they are not the same. Christ provides individual gifts to be used in the church for the Kingdom of Heaven

under his reign. Talents are elevated natural skills that

are used in the world's system for an hourly wage,



contract or salary. God's gifts are not for sale. When I did not compromise with the system, my talents only yielded me \$44,999 at the most in the system with a debt of \$177,100.99. God was not going to allow the system to use my gifts because then they become my god, so I had to be dismissed from employment and wait on God to deliver me from bondage. I was no longer serving the god of the system. I had to go through hardships so God could manifest his miracles in my life for the Kingdom of Heaven. This is when Jesus appeared in my life walking on the water with me so I would not sink. He came to earth to free me from captivity. If I knew my gifts before I left high school, I would have traveled down a different path. I would have nourished and developed my gifts, but somehow, I missed the mark. I may have even received a degree in biblical studies. I don't know, but I would tell the generation today to seek your gifts first through a divine encounter with Jesus Christ, and you will be led by the spirit to the

right degree and profession that will serve the Kingdom of Heaven and all the things you need will be added. It may be the case where a degree is not needed, but your presence and wisdom at a company is good enough. I didn't experience this opportunity. This is where I failed because I did not know who I was in Christ when I graduated. I was searching and trying to find my way for 31 years. I did not see the fullness of who God called me to be until 2020, and I am still maturing. This is a miracle because I no longer am toss back and forth trying to find my way. The storms in my life has planted me where God needed me the most. The vision board and experiences with God was like the 12 baskets of broken pieces the disciples placed in the boat before going to the other side as Jesus instructed in Matthew 14:20-31. In 2013, I was going to the other side and every previous year were broken pieces in my life that were miracles for me to keep the faith these past seven years.

The vision board was completed in 2009 which means it has taken 10 years to achieve what the vision board represented. I have moved my residence 5 times as of March 21, 2020. During my move to my father's home, I had to decide to give up my storage unit along with the items because I couldn't afford it, and I did not have anywhere to move everything. The storage unit offered me \$75 for everything in my unit. I had a pretty dark brown bedroom set with a dresser and 2 nightstands, 2 beautiful lamps, dark brown dining room table with 6 chairs, a dark brown floor TV stand, two tall dark brown 5-shelf book cases, 2 large containers of books, kitchen appliances, and a L shape sofa set with ottoman. God was also showing me that these were the things that were in the home of my marriage. This is also how I was represented in the marriage. I was nothing more than furniture that could be moved around whenever necessary. I wasn't valuable or worth more than things. I was a beautiful piece of furniture to

be used until a search for a replacement. With knowing this, the exchange was easy for me because it was letting go of old things to make room for the new God was bringing into my life. I believe I left the vision board that I created because I can't find it anywhere. God also showed me that he would rather my life be the vision board masterpiece rather than continuously looking at it as motivation. I have become my own motivation through following God's word. I named the vision board, "The Tree of Life".

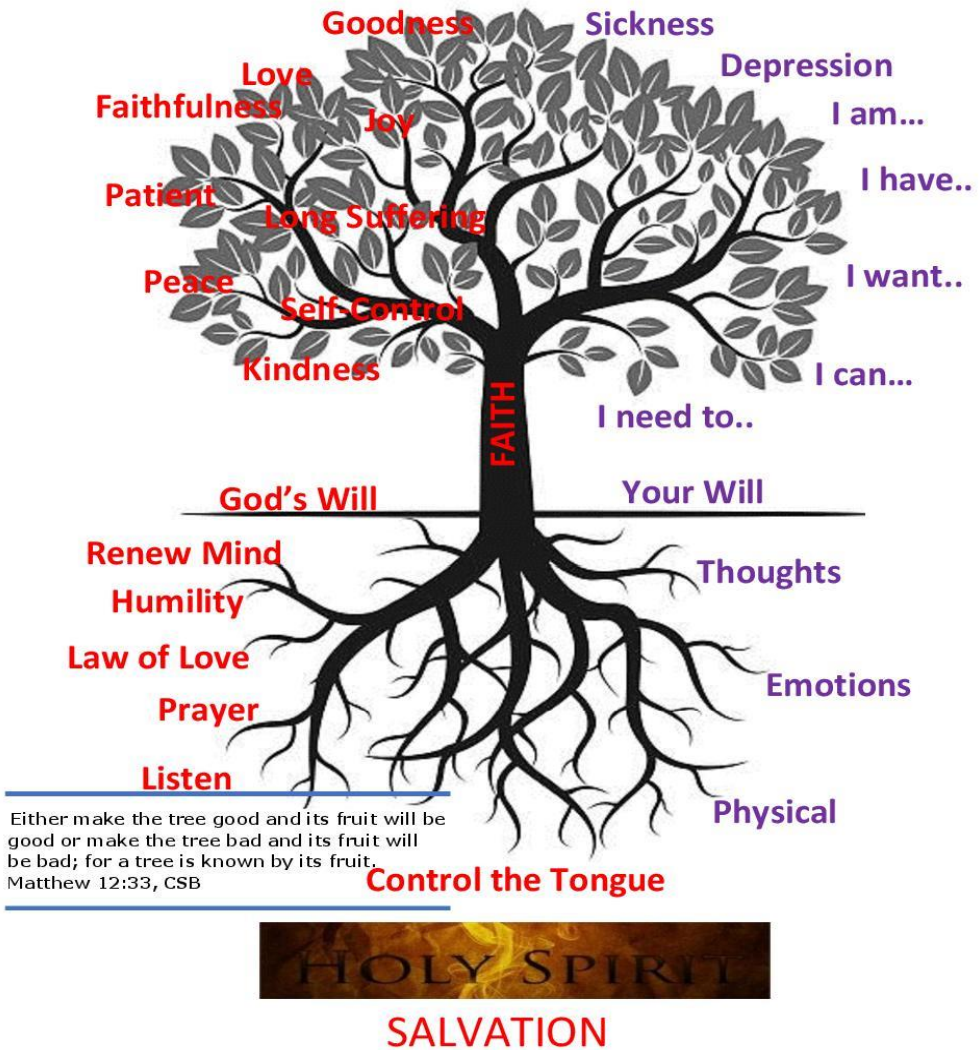
Source References

(1) **“Miracle”** - Whitney Houston:

<https://www.youtube.com/watch?v=ZAdi3LIW898>

(2) **Mustard Seed Image** on page 19:

<https://imgbin.com/>



Either make the tree good and its fruit will be good or make the tree bad and its fruit will be bad; for a tree is known by its fruit.
 Matthew 12:33, CSB

Figure 2- What Type of Fruit was I producing?