



OPERATING IN BETWEEN
ACCEPTANCE & REJECTION

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Created by Catrice C. Jackson

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Bible Scripture References

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My short-eBooks or encouraging messages are designed to exercise my spiritual gifts as an example in the Body of Christ from my divine encounters and experiences with the spirit of God, Christ & the Holy Spirit for the purpose of edification through encouraging, educating, empowering, equipping, engaging for the glory of God in his Kingdom and to “keep the unity of the Spirit through the bond of peace” (Ephesians 4:3, KJV).

Introduction

The inclined treadmills were great for cardiovascular and tightening my glutes, but they did nothing for my spiritual fitness. There scripture that I could found concerning fitness in the bible was 1 Timothy 4:7-8, "Do not waste time arguing over godless ideas and old wives' tales. Instead, train yourself to be godly. Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come" (NLT). My activities did not speak to God because I was disconnected and putting fitness before God. My physical body, mind, and emotions controlled my day-to-day activities. There was nothing wrong with me working out and having a fit body, but it became an activity that I worshipped, and not that an activity I used to worship God. This means that I made fitness an idol, and in Exodus 20:4 as the second commandments and Leviticus 26:1. Although I am in this world, I am not of it. This scripture about false idols can apply to anyone's god, but the Almighty God created these commandments for his people.

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The problem during my time of idolatry, I was ignorant to the knowledge of God and I operated out of ignorance because of the appearance of goldy people and worshippers.

God showed me my idolatry in 2013 starting with my job, then my marriage, then fitness, then religion and he slowly unveiled other areas that were not submitted to Christ. Anyone can worship God and not have had an experience or walked the narrow path with Christ, but for my life it had to transition from what I was worshipping to who I was worshipping. There was a clear divide in the transition. As God turned my life around, I stopped working out starting in 2017 through the end of 2020 which was unusual for me. I knew that God would add it back when I got into the position he wanted me to be for his Will. The more into fitness I dived, the less spiritual I became in my old life. I was being led by vanity instead of the promises of what God wanted for my life. This is why I have been attracted to the lifestyle I had to endure for a long time. I had a passion for fitness since I was 12, but I didn't know how to exercise that passion so I did it through fitness. Fitness accepted me.

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Chapter 1 - Acceptance

Working out at the gym was great, but I never fit spiritually. In my mind, I knew what I wanted, but I didn't fit in the environment because I didn't make consistent friends. I had people that I knew, but the friendships didn't last. I could never settle myself in the industry and find a successful path. Everytime I would find a path, it would end or everytime I was in the industry it would end. I never knew why. I even had people to tell me that you should open a fitness business. While they were right, I wasn't in the position to mentally understand the magnitude of that calling. It wasn't just about fitness, it was about my mindset and elevating God, Christ, and the Holy Spirit before fitness while doing what I loved. Just like I had to be taught fitness, I also had to be taught spiritual fitness. My transition from 2013 through 2021 was my time of teaching. It was my bootcamp. My spirit couldn't flow in bondage which was why everything for me failed. I was in bondage, so my

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experience could have been fruitful if my spirit was not captive and in bondage. Jesus came to set us free and not to worship worldly idols. I wasn't free which was why I could be fired from jobs when I started to operate in the anointed that God gave me through knowledge which made me a better leader in every area. I no longer feel rejected.

Chapter 2 - Rejection

The areas that I have been rejected in my life no longer feels like rejection, but it was a teaching ground to know that it was protecting from the call on my life. God is the only one that could have protected me and my belief in Jesus Christ has always been present, but I didn't recognize him in my life. So, I thank God for the organizations that fired me, and I thank God for people that have rejected me and I thank God for religion because it grounded me so I could see the Good News. The rejection from my job was a setup for my turn around to come back stronger for the Kingdom of God. As of today it has been eight years, 9 months, 27 days, 11 hours and 52 minutes for the turnaround to the land God promise. I am filled with joy because I know this joy is from the Lord. It is not from a place of emotions. This is why our God is awesome! He comes when least expected, and no matter what is going on he will never forsake his people as stated in Deuteronomy 31:6.

Scripture References

1 Timothy 4:7-8 - "Do not waste time arguing over godless ideas and old wives' tales. Instead, train yourself to be godly. Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come" (NLT).

Deuteronomy 31:6 - So be strong and courageous! Do not be afraid and do not panic before them. For the Lord your God will personally go ahead of you. He will neither fail you nor abandon you."